



Natural Pet Care & Homemade Treats

Did you know that there are a number of natural alternatives for pet health care? Did you know there are even vets out there that specialise in this area? From natural diet, to herbs and homeopathy as well as acupuncture and other natural modalities.

As with any natural health treatments it's important to have an understanding of the uses and safety; just because it safe for human it doesn't necessarily mean it's safe for an animal.

A good start when exploring healthier alternatives for your pet is to look at what you are feeding your dog or cat and check the ingredients to see if you are really comfortable with what you are feeding them. Instead of store bought chewy treats, talk to your vet about natural alternatives and what bones or chewy items they would recommend to help keep your dog entertained and maybe also to clean their teeth at the same time. Some of the store bought treats have a lot of additives that are really unnecessary and probably quite unhealthy!

There are a number of recipes available to make your own dog treats, here is one of our favourites which is also featured on our website on our resources and information page.

The recipe below was given to us by Honey from the German Shepherd club a number of years ago. This is one of our favourites! If you are interested in natural pet health care for your dog we do have a workshop coming up very soon at the Clever Creatures training ground in Oakford.

Please visit our website www.clevercreatures.com.au for more information or to request an article.

Tuna or Sardine treats! These are so easy to make (oven or microwave) & different to anything you'll buy for your dog so a real novelty for training.

You will need;

1 large tin of tuna in spring water (or 3 tins of sardines)& use the liquid.

1 cup of flour

1 cup of grated cheese

1 egg

Mix all ingredients together in a bowl (including the spring water with the tuna).

Spread the mixture on a foil lined biscuit tray and bake for 20 minutes at 180 degrees Celsius.



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Alternatively you can spread the mixture on a large, oiled microwave safe plate and microwave on high for 7-9 minutes. The time will vary with your microwave but I don't think your dog will be too fussy. Just remember, no foil in the microwave.

Cut your treats up into small pieces suitable for training and store the treats in the fridge. I freeze my treats in to portion size training bags (I prefer to mix 2 or 3 different types of treats and freeze them ready to go).

I thaw in the fridge the night before training.